

# **Crisis & Legal Assistance Helplines**

**800-339-6993**

## **ABUSE AND NEGLECT**

1. Children Protection 800-540-4000
2. Elderly Abuse 800-992-1660

## **ADULT REHABILITATION CENTER**

1. Salvation Army Rehab Center 818-883-6321

## **BASIC NEEDS: FOOD, CLOTHING, SHELTER**

1. Los Angeles Housing Referral 866-557-7368
2. LA Transitional Housing 818-982-4091
3. LA Homeless Service 213-683-3333
4. Sova-Food Pantry 818-988-7682
5. N. Valley Services, food, etc 818-891-0481

## **CHEMICAL DEPENDENCY**

1. AA Alcoholics Anonymous 818-988-3001
2. Cocaine Anonymous 818-760-8402
3. Marijuana Anonymous 800-766-6779
4. Narcotics Anonymous 818-773-9999
5. Nat'l Council and Alcohol/Drug Dependency 818-997-0414

## **DOMESTIC & FAMILY VIOLENCE**

1. Domestic Violence Hotline 800-978-3600
2. National Domestic Violence Hotline 800-799-7233
3. Haven Hills 818-887-6589
4. Family Violence – crisis line 818-505-0900
5. Valley Trauma Counseling & Referrals 818-886-0453

## **HEALTH**

1. AIDS/HIV Hotline 800-367-2437
2. Health/Medical Referrals 800-427-8700
3. National Eating Disorders Association Hotline 800-931-2237
4. Medicare 800-633-4227

## **LEGAL ASSISTANCE**

1. Attorney Referral 213-243-1525
2. Consumer Credit Counseling 800-750-2227
3. CA Dept. of Fair Employment & Housing 800-884-1684
4. Legal Aid Foundation of Los Angeles 800-399-4529
5. San Fernando Neighborhood Legal Aid 818-896-5211

## **RAPE & SEXUAL ASSAULT**

1. Rape Hotline 800-585-6231
2. Valley Trauma Center 818-886-0453

## **SUICIDE & MENTAL HEALTH**

1. Suicide Prevention Crisis Line 877-727-4747
2. National Suicide Prevention Hotline & Veterans 800-273-8255  
800-784-2433
3. Mental Health Services (PMRT) 818-832-2410
4. PMRT access through sheriffs if on campus 818-710-4311
5. Pierce Health Center 818-710-4270

## **SUPPORT GROUPS (SELF HELP GROUPS)**

1. Emotions Anonymous 818-377-4341
2. Gamblers Anonymous 213-386-8789
3. SHARE-other self help groups 310-305-8878  
310-846-5270

## **YOUTH CRISIS HOTLINE**

1. Youth Crisis Hotline (up to 24) 800-843-5200

## **WEB SOURCES**

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